

**CONSENT FOR RELEASE OF CONFIDENTIAL INFORMATION**

I authorize \_\_\_\_\_ to release to \_\_\_\_\_ to obtain from \_\_\_\_\_

Person(s) \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

the following information:

\_\_\_\_\_ Progress Notes/Report  
\_\_\_\_\_ Treatment Plan  
\_\_\_\_\_ Discharge Summary

\_\_\_\_\_ Psychosocial History  
\_\_\_\_\_ Psychiatric Evaluation  
\_\_\_\_\_ Contents of entire file

\_\_\_\_\_ Psychological Report/Testing  
\_\_\_\_\_ Medications/Medical History  
\_\_\_\_\_ Other (specify) \_\_\_\_\_

This information is for the purpose of continued treatment or (specify) \_\_\_\_\_

I understand that my records are protected under the federal and state confidentiality regulations and cannot be released without my written consent.

By signing below, I hereby release the above parties from any and all liability resulting from the release of this information.

Patient or Client \_\_\_\_\_ Date of Birth \_\_\_\_\_

Signature of Patient /Client \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

(if patient / Client is a minor)

Witness \_\_\_\_\_ Date \_\_\_\_\_

## COMPASSION CHRISTIAN COUNSELING CLINIC

Due to statements and/or impressions of intent of suicide, Compassion Christian Counseling Clinic has required that I get a doctor's or psychiatrist's examination before I may return for counseling.

I have examined and evaluated \_\_\_\_\_  
(Patient)

for medical and/or physical causes for potential suicide.

I state that I can find no apparent medical reasons for this concern.

\_\_\_\_\_  
(Physician's Signature)

I have made a diagnosis and have prescribed the following medications:

\_\_\_\_\_  
(Physician's Signature)

Name of Medical Office: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Office Number: \_\_\_\_\_

Date: \_\_\_\_\_

The information asked below is to allow us to understand you and your reason more quickly for requesting counsel and to enable us to help you more expediently. Please fill out all forms as completely as possible. All information is held in the strictest confidence.

Name \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ Phone (wk) \_\_\_\_\_ (Home) \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Place of Employment \_\_\_\_\_  
In case of emergency call \_\_\_\_\_ Phone Number \_\_\_\_\_

### FAMILY BACKGROUND

Do you have children? \_\_\_\_\_ How Many? \_\_\_\_\_ How many are living at home? \_\_\_\_\_

List Names: \_\_\_\_\_ Age \_\_\_\_\_  
\_\_\_\_\_ Age \_\_\_\_\_  
\_\_\_\_\_ Age \_\_\_\_\_  
\_\_\_\_\_ Age \_\_\_\_\_  
\_\_\_\_\_ Age \_\_\_\_\_

Did you have a good or bad relationship with your:

Father \_\_\_\_\_ Explain: \_\_\_\_\_

Mother \_\_\_\_\_ Explain: \_\_\_\_\_

Have any of your parents, grandparents, or great grandparents to your knowledge ever been involved in any occult, cultic, or non-Christian religious practices? \_\_\_\_\_

Which ones? \_\_\_\_\_

Are there any addictive problems in your family history (alcohol, drugs, etc.)? \_\_\_\_\_

Is there any history of mental illness? \_\_\_\_\_

### MARITAL BACKGROUND

Marital Status: (Please check):

Single  Married  Divorced  Separated  Widow(er)  Co-habitation

If previously married, please give dates and how dissolved. \_\_\_\_\_

Describe your relationship with your spouse \_\_\_\_\_

### CAREER AND MILITARY SERVICE



Have you ever been in the military service? Yes \_\_\_\_\_ No \_\_\_\_\_

Were you in combat? Yes \_\_\_\_\_ No \_\_\_\_\_

Your Occupation: \_\_\_\_\_

Your Employer: \_\_\_\_\_ How long? \_\_\_\_\_

What type of work do you do? \_\_\_\_\_

### PERSONAL INFORMATION

Presently I believe my spiritual condition is: (Circle One)

Poor          Fair          Average          Good          Excellent

Presently I believe my physical condition is: (Circle One)

Poor          Fair          Average          Good          Excellent

Presently I believe my emotional condition is: (Circle One)

Poor          Fair          Average          Good          Excellent

**Check the items that best describe or relate to the reason you need to receive counseling:**

|              |                    |                               |
|--------------|--------------------|-------------------------------|
| Bereavement: | Religious doubts:  | Relationship with parents:    |
| Depression:  | Marriage problems: | Relationship with children:   |
| Hatred:      | Bitterness:        | Relationship with others:     |
| Anxiety:     | Sexual Concerns:   | Loss of faith in God:         |
| Nervousness: | Adultery:          | Loss of faith in self:        |
| Fear:        | Impotency:         | Loss of faith in others:      |
| Self doubt:  | Frigidity:         | Loss of hope:                 |
| Guilt:       | Homosexuality:     | Loss of meaning:              |
| Suicidal:    | Anger with God:    | Loss of feelings or thoughts: |
| Loneliness:  | Loss of love:      | Loss of self respect:         |

If a female, have you had any discontinued pregnancies? \_\_\_\_\_

Have you ever been arrested? \_\_\_\_\_

Have you ever been institutionalized for any problem? \_\_\_\_\_

Have you sought help previously? (from whom, when, the outcome?) \_\_\_\_\_

Describe your eating habits (i.e., are you a junk food addict, do you eat regularly or sporadic, is your diet balanced, etc.?) \_\_\_\_\_

Do you have any addictions or cravings that you find it difficult to control (sweets, drugs, alcohol, food in general, etc.?) \_\_\_\_\_

How much and what type of exercise do you get? \_\_\_\_\_

Do you have any problems sleeping? Are you having any recurring nightmares or disturbances? \_\_\_\_\_

Which of the following are you presently struggling with? (Please check.)

- |   |   |
|---|---|
| <input type="checkbox"/> Day dreaming     | <input type="checkbox"/> Obsessive thoughts   |
| <input type="checkbox"/> Lustful thoughts | <input type="checkbox"/> Insecurity           |
| <input type="checkbox"/> Inferiority      | <input type="checkbox"/> Blasphemous thoughts |
| <input type="checkbox"/> Inadequacy       | <input type="checkbox"/> Compulsive thoughts  |
| <input type="checkbox"/> Worry            | <input type="checkbox"/> Doubts               |
| <input type="checkbox"/> Fantasy          |   |

Concerning your emotions, whether positive or negative, which of the following describes you? (Please check).

- Readily express them
- Express some of my emotions but not all
- Readily acknowledge their presence but reserved in expressing them
- Tendency to suppress my emotions
- Find it safest not to express how I feel
- Tendency to disregard how I feel since I cannot trust my feelings
- Consciously or subconsciously deny them; it's too painful to deal with them

Is there anyone you need to forgive? \_\_\_\_\_

Do you need to forgive yourself? \_\_\_\_\_

Do you feel loved by God? \_\_\_\_\_ Others? \_\_\_\_\_ Yourself? \_\_\_\_\_

Are you a Christian? Yes \_\_\_\_\_ No \_\_\_\_\_ Not Sure \_\_\_\_\_

What church do you now attend, if any? \_\_\_\_\_

How long? \_\_\_\_\_

How often do you attend? Regular \_\_\_\_\_ Frequent \_\_\_\_\_ Occasional \_\_\_\_\_ Infrequent \_\_\_\_\_

If you were to die tonight, do you know where you would spend eternity? \_\_\_\_\_

Suppose you did die tonight and appeared before God in heaven, and He were to ask you, "By what right should I allow you into My presence," how would you answer Him? \_\_\_\_\_

I John 5: 11-12 says, "God has given us eternal life, and this life is in His son. He who has the Son has the life; he who does not have the Son of God does not have the life."

- Do you have the Son of God in you (II Cor 15:3)? \_\_\_\_\_



• When did you receive Him (John 1:12)? \_\_\_\_\_  
Are you plagued with doubts concerning your salvation? \_\_\_\_\_  
Are you under authority of a local church where the Bible is taught and do you regularly support it with your time, talent, and treasure? If not, why not? \_\_\_\_\_  
\_\_\_\_\_

Do you believe you have been filled with the Holy Spirit? \_\_\_\_\_  
Are you spending significant, regular time in prayer? \_\_\_\_\_  
Do you feel driven, pushed, or compelled to do things? \_\_\_\_\_  
Do you feel tormented in your mind by harmful or evil thoughts? \_\_\_\_\_  
Are you pregnant? \_\_\_\_\_  
Do you take medications? \_\_\_\_\_  
List their names and purposes: \_\_\_\_\_  
\_\_\_\_\_

Do you use alcoholic beverages? (Check One)  None  Some  Moderately  Often  Everyday  
Is there a family history of alcoholism? \_\_\_\_\_ Whom? \_\_\_\_\_  
Have you ever thought of committing suicide? \_\_\_\_\_ When? \_\_\_\_\_  
If yes, explain: \_\_\_\_\_  
\_\_\_\_\_

Have you ever attempted suicide? \_\_\_\_\_ When? \_\_\_\_\_  
Have you experienced a significant personal loss in the last year? \_\_\_\_\_  
If yes, explain: \_\_\_\_\_  
\_\_\_\_\_

Is there a family history of physical or emotional abuse? \_\_\_\_\_  
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

Were you ever sexually abuse or molested? \_\_\_\_\_ If yes, by whom: \_\_\_\_\_  
In your own words, complete this sentence: Sex is \_\_\_\_\_  
\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_